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Madanadi Gana With Special Reference To Madanadi Nighantu Or Chandra Nighantu

Dr. Umakant N. Rabb

Associate Professor, Department of Dravyaguna Vijnana, Acharya Deshbhushan Ayurveda Medical College and Hospital, Shamnewadi -Bedkihal, Tal: Chikkodi, Dist: Belagavi, Karnataka, India.

ABSTRACT: *Madanandi Gana* is integral part of *Madanadi Nighantu*. The *Madanadi Nighantu* is also called as *Chandra Nighantu*. The author of this *Chandra Nighantu* is *Chandra Nandana* who was the one of the *Kashmiri Pandit* well versed in *Ayurveda Shastra*. He wrote *Padartha Chadrika Tika* on *Asthanga Hridaya*. This *Madanadi Nighantu* would be placed in 12 century. Because one of the *Kashmiri Vidwan Kshira Swami* in his *Amarakosha Tika* he mentioned *Chandra*. The *Madanadi Gana* comprises 23 drugs. Viz; *Madana, Madhuyasthi, Katuka alabu/ Katu tumbi, Nimba, Maha nimba, Bimbi, Indravaruni, Vana Trapusa, Kutaja, Murva, Devadali, Vidanga, Vetasa, Chitraka, Danti, Dravanti, Koshataki, Karanja, Pippali, Pippalimoola, Saindhva Lavana, Sauvarchala Lavana, Vida Lavana, Samudra Lavana, Vacha, Sukshma Ela, Sthula Ela, Harenu, Sarshapa, Shweta Sarshapa*. Among these *Madana, Yasthimadhu, Torai, Nimba, Bimbi, Vishala, Trapusa, Kutaja, Murva, Devadali, Vidanga, Vidula, Chitraka, Chitra, Koshataki, Karanja, Pippali, Lavana, Vacha, Ela, Sarshapa* all these drugs are *Chardi Karaka* or *Vamana Karaka* which induces vomiting. Here an attempt is made to highlight these drugs with their botanical name, family along with pharmacological activities are mentioned strictly on bases of the *Madanadi Nighantu*. Further scope of study is to evaluate these drugs having *Roshogna Karma*(Anti viral actions), *Krimighna*(Anti helminthic actions), *Jwaraghna*(Anti pyretic actions), *Shoolahara*(Analgesic and anti spasmodic actions) *Garbhapatkara*(Anti abortive actions), with modern parameters.

Keywords:- *Madanandi Gana, Roshogna Karma* , Analgesic and anti spasmodic

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Corresponding Author : Dr. Umakant N. Rabb
Associate Professor, Department of Dravyaguna
Vijnana, Acharya Deshbhushan Ayurveda
Medical College and Hospital, Shamnewadi -
Bedkihal, Tal: Chikkodi, Distt: Belagavi,
Karnataka, India.

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INTRODUCTION-

As the name itself tells the *Madanadi Gana* is group of drugs which is used to induce vomiting. The first drug in this group is *Madana Phala*. So named *Madanadi Gana*. The *Nighantu* starts with the drug named *Madanaphala* called *Madanadi Nighantu*. The author of this book was *Acharya Chandranandana*^[1] who was the son of *Ravinandana*. He was on the *Kashmiri Ayurvedic Pandit*. He had written the *Madanadi Nighantu* on the base of *Asthanga Hridaya Sutrasthana* 15th chapter *Madanadi Gana*. The *Chandra Nighantu* is placed in 12th century. This *Chandra Nighantu* also called as *Madanadi Nighantu*. The drugs in this group are; *Madana, Madhuyasthi, Katuka alabu/ Katu tumbi, Nimba, Maha nimba, Bimbi, Indravaruni, Vana Trapusa, Kutaja, Murva, Devadali, Vidanga, Vetasa, Chitraka,*

Danti, Dravanti, Koshataki, Karanja, Pippali, Pippalimoola, Saindhva Lavana, Sauvarchala Lavana, Vida Lavana, Samudra Lavana, Vacha, Sukshma Ela, Sthula Ela, Harenu, Sarshapa, Shweta Sarshapa. Among these Madana, Yasthimadhu, Torai, Nimba, Bimbi, Vishala, Trapusa, Kutaja, Murva, Devadali, Vidanga, Vidula, Chitraka, Chitra, Koshataki, Karanja, Pippali, Lavana, Vacha, Ela, Sarshapa.

DISCUSSION-

The Synonyms, Family, Botanical Name, Pharmacological activities of these above mentioned drugs are elaborated systematically.

MADANA^[2]- **Botanical Name-** *Randia floribunda* (Roxb.) DC, **Family-** Rubiaceae

Synonyms- *Madana, Shalyaka, Ratha, Pindita, Kahataka, Gala, Phala, Gaalava, Shwasana, Vishapushpaka.*

Pharmacological Actions-

- These group of drugs are *Urdwabhagahara*. The *Doshas* can be expelled out through the oral route by *Vamana*(Vomiting).
- The *Madana Phala* is *Swadu*(Sweet), *Kaphagna*(Subsides *Kapha Dosh*), *Lekhana*(Scraping action on tissues), *Laghu*(Light). *Madanaphala* is considered as best *Vamana Dravya*.

MADHUYASTHI^[3]- *Madhuyasthi* is of two types *Sthalaja* and *Jalaja*. Here *Jalaja* to be trade from the sea route.

Botanical Name- *Glycyrrhiza glabra* Linn,

Family- Fabaceae

Synonyms- *Madhuyasthi, Madhuka, Yasthavha, Madhuyasthika, Yasthimdhu, Klitanaka.*

Pharmacological Actions-

- *Yasthimadhu* is *Rakatapittangha* (Cures blood diseases), *Vrinashodhana*(Cleanses wounds), *Vrina Ropana*(Heals wounds).
- It is *Guru*(Heavy), *Swadu*(Sweet), *Sheetala*(Cold in potency),

Vrishya(Aphrodisiac), *Chakshushya*(Improves vision), *Swara Varnakaraka*(Improves voice and complexion).

KATUKALABU/ KATUTUMBI^[4]-

Botanical Name- *Lagenaria vulgaris* Seringe, **Family-** Cucurbitaceae,

Synonyms- *Katuka, Alabu, Lamba, Tumbi, Ikshwaku, Mahaphala, Rajaputri, Pindaphala, Tiktalabu, Brihatphala.*

Pharmacological Actions-

- It is *Kaphapittahara*(Subsides *Kapha* and *Pitta Doshas*), *Tikta*(Bitter), *Sheetala*(Cold in potency), *Laghu*(Light), *Urdhwabhagahara*(Expels *Doshas* from oral route). It alleviates *Kapha* and *Pittaja Rogas*.

NIMBA^[5]- **Botanical Name-** *Azadirachta indica* (Linn) A. Juss, **Family-** Meliaceae

Synonyms- *Nimba, Aristha, Subhadra, Pichumanda, Shukapriya, Sutikta, Sarvatobhadra, Prabhadra, Varatiktaka.*

Pharmacological Actions-

- It is *Tikta*(Bitter), *Sheetala*(Cold in potency). It cures *Krimi*(Worms), *Kustha*(Skin diseases), *Kapha Doshas*.

MAHANIMBA^[6]- **Botanical Name-** *Melia azedarach* Linn, **Family-** Meliaceae

Synonyms- *Mahanimba, Gairika, Shukashalaka, Brihannimba, Nimbavara, Karmuka, Vishamusthika.*

Pharmacological Actions-

- It is *Grahi*(Absorbent), *Kashaya*(Astringent), *Ruksha*(Dry), *Sheetala*(Cold in potency).

BIMBI^[7]- **Botanical Name-** *Coccinia cordifolia* Cogn, **Family-** Cucurbitaceae

Synonyms- *Bimbi, Raktaphala, Golha, Tundikeri, Tundika, Osthopamaphala, Tundi.*

Pharmacological Actions-

- It is *Raktapittahara*(Subsides blood diseases), *Madhura Rasa*(Sweet in taste), *Madhura Vipaka*(Sweet at post digestive effect), *Pittaghni*(Alleviates *Pitta Dosh*a, *Kamala- Jaundice*).
- It is *Kaphakaraka*(Increases *Kapha Dosh*a, *Vamanakara*(Induces vomiting).

INDRAVARUNI^[8]- **Botanical Name-** *Citrullus colocynthis* (Linn). Schrad, **Family-** Cucurbitaceae

Synonyms- *Vishala, Mrigarvaru, Gavakshi, Gajachirbhiti, Gavadini, Sthulaphala, Mrigabhaksha, Indravaruni*

Pharmacological Actions-

- It alleviates *Kamal*(Jaundice), *Panduroga*(Anemia).
- It is *Kapha-Pittashamaka*(Subsides *Kapha* and *Pitta Dosh*as), *Laghu*(Light), *Tikta*(Bitter in taste).

VANATRAPUSA^[9]- **Botanical Name-** *Podophyllum hexandrum* Royle, **Family-** Berberidaceae

Synonyms- *Hasthi parnini, Kantaka*

Pharmacological Actions-

- It is *Tikta*(Bitter), and *Mutrala*(Diuretic). It is used in the *Vamana*(Inducing vomiting), cures *Daha*(Burning sensation), *Mutravarodha*(Dysuria), *Katu Rasa*(Pungent in taste), *Katu Vipaka*(Pungent in post digestive effect).

KUTAJA^[10]- **Botanical Name-** *Holarrhena antidysenterica* (Linn) Wall.
Family- Apocynaceae.

Synonyms- *Kutaja, Vastaka, Tikta, Vrikshaka, Girimallika, Varatikta, Shakravriksha, Kutaja, Neelayasthika*. The seeds of *Kutaja* called as *Shakrsaavha, Indrayava, Shatakutuyava*.

Pharmacological Actions-

- It is *Tikta*(Bitter), *Deepana*(Appetizer), *Paachana*(Digestive), and *Grahi*(Absorbent).
- It is used in the *Raktapitta*(Bleeding disorders), *Arsha*(Haemorrhoids), *Krimikustha*(Skin diseases including worms).

MOORVA^[11]- **Botanical Name-** *Marsdenia tenacissima*(Roxb) Moon,
Family- Asclepiadaceae

Synonyms- *Moorva, Madhuras, Devi, Peeluparni, Madhusrava, Devashreni, Swadurasa, Laghupatri, Pruthutwacha*.

Pharmacological Actions-

- It is *Madhura*(Sweet in taste) *Madhura Vipaka*(Sweet at post digestive effect),

Pittanashaka(Subsides *Pitta Dosha*), *Jwaragna*(Subsides Fever), *Mukhashosha*(Dryness of mouth).

DEVADALI^[12]- **Botanical Name-** *Luffa echinata* Roxb, **Family-** Cucurbitaceae

Synonyms- *Jeemutaka, Devadali, Vrittakosha, Garagari, Veni, Romashapatra, Karkoti, Akhuvishapha*.

Pharmacological Actions-

- It is *Katu*(Pungent in taste), *Teekshna*(Penetrating), *Katu Vipaka*(Pungent in post digestive effect),
- It subsides *Visha*(poison), *Kapha, Arsha*(Haemorrhoids), *Krimi*(Worms).

VIDANGA^[13]- **Botanical Name-** *Embelia ribes* Burm. f. **Family-** Myrsinaceae

Synonyms- *Vidanga, Krimijit, Vella, Kairala, Chitratandula, Krimishatru, Krimihara, Jantughna, Kriminashana*.

Pharmacological Actions-

- It is *Katu Vipaka*(Pungent at post digestive effect), and *Krimi Nashaka*(Alleviates worms infestation).

- It Subsides *Kapha* and *Vata Doshas*, *Shoola*(Pain), *Anaha*(Flatulence), *Arti*(Spasmodic pain).

VETASA^[14]- **Botanical Name-** *Salix caprea* Linn, **Family-** Salicaceae

Synonyms- *Vidula*, *Namra*, *Vanjula*, *Deerghapatraka*, *Nadeyi*, *Gandhapushpa*, *Jalaukasamvrita*.

Pharmacological Actions-

- It is *Kashaya*(Astringent), *Ushna Virya*(Hot in potency).
- It alleviates *Dustha Vrina*(Chronic wounds), *Mutrakrichra*(Dysuria), *Ashmari*(Calculi)

CHITRAKA^[15]- **Botanical Name-** *Plumbago zeylanica* Linn, **Family-** Plumbaginaceae

Synonyms- *Chitraka*, *Dahana*, *Vanhi*, *Shikhi*, *Agni*, *Pavaka*, *Jyoti*, *Jwala*, *Dwipisanja*, *Paathi*, *Daruna*, *Shatha*.

Pharmacological Actions-

- *Chitraka* subsides *Shopha*(Edema), *Arsha*(Haemorrhoids), *Krimi*(Worms), *Kustha*(Skin diseases).

DANTI^[16]- **Botanical Name-** *Baliospermum montanum*(Willd) Muell. Arg. **Family-** Euphorbiaceae

Synonyms- *Danti*, *Mukulaka*, *Chitra*, *Nikumbha*, *Upachitraka*, *Koola*, *Udumbaraparni*, *Vishalya*, *Ghunapriya*.

Pharmacological Actions-

- It is *Katu*(Pungent in taste), *Agnideepna*(Stimulates Digestive fire), *Katu Vipaka*(Pungent at post digestive effect), *Virechaka*(Purgative).
- It alleviates *Anaha*(Distention), *Udarashoola*(Pain abdomen), *Pleeharoga*(Diseases of spleen).

DRAVANTI^[17]- **Botanical Name-** *Croton tiglium* Linn, **Family-** Euphorbiaceae

Synonyms- *Dravanti*, *Shambari*, *Chitra*, *Nyagrodha*, *Mushikavhaya*, *Pratyakashreni*, *Visha*, *Chanda*, *Shubhashreni*, *Akhuparnika*.

Pharmacological Actions-

- It is *Katu*(Pungent in taste), *Agnideepna*(Stimulates Digestive fire), *Katu Vipaka*(Pungent at post digestive effect), *Virechaka*(Purgative).

- It alleviates *Anaha*(Distention), *Udarashoola*(Pain abdomen), *Pleeharoga*(Diseases of spleen).

KOSHATAKI^[18]- **Botanical Name-** *Luffa acutangula*(Linn) Roxb **Family-** Cucurbitaceae

Synonyms- *Koshataki, Kritachidra, Jalini, Kritavedhana, Kshweda, Sutikta, Ghnatali, Mridangapahalika.*

Pharmacological Actions-

- It is *Katu Vipaka*(Pungent at post digestive effect), *Laghu* (Light). It subsides *Kapha* and *Vata Doshas*, *Pandu*(Anemia), *Kamala*(Jaundice).

KARANJA^[19]- **Botanical Name-** *Pongamia pinnata* (Linn) Pierre, **Family-** Fabaceae

Synonyms- *Karanja, Naktamala, Prakirya, Pushpamanjari, Ghritapura, Gucchapushpa, Snighdakaranjaka.*

Pharmacological Actions-

- *Karanja* is *Katu Rasa* (Pungent in taste), *Katu Vipaka*(Pungent post digestive effect).

- It alleviates *Krimi*(Worms), *Kustha*(Skin diseases), *Pleeha*(Spleen diseases), *Udavartahara*(Regurgitation), *Arsha*(Haemorrhoids).

PIPPALI^[20]- **Botanical Name-** *Piper longum* Linn, **Family-** Piperaceae

Synonyms- *Pippali, Magadha, Krishna, Vaidehi, Chapala, Kana, Magadhika, Shaundi, Kola, Ushana, Katu.*

Pharmacological Actions-

- It is *Snigdha*(Demulcent), *Karu*(Pungent), *Vrishya*(Aphrodisiac).

PIPPALI MOOLA^[21]- **Botanical Name-** *Piper longum* Linn, **Family-** Piperaceae

Synonyms- *Magadha, Pippalimoola, Kanamoola, Rudhaka, Granthila, Chapalamoola, Krishnamoola, Shaundika.*

Pharmacological Actions-

- It alleviates *Gulma, Pleeharoga*(Spleen diseases), *Udararoga*(Abdominal diseases), *Anaha*(Distention of the abdomen), *Shoola*(Pain), *Krimiroga*(Worms infestation).

Pippalimoola is *Ushna Virya*(Hot in potency).

SAINDHAVA LAVANA^[22]_-

Synonyms- *Saindhava, Manimantha, Nadeya, Lavanottama, Sindhuttha, Sindhuja, Shrestha, Vimala, Vara Saindhava.*

Pharmacological Actions-

- It is *Suswadu*(Palatable), *Vrishya*(Aphrodisiac), *Hridya*(Good for heart), *Tridoshanashaka*(Subsides all the three *Doshas, Vata, Pitta* and *Kapha Doshas*). *Laghu*(Light), *Anushna*(Neither heat nor cold), Good for eyes, *Avidahi*(Does not cause burning sensation), *Agnidipana*(Stimulates appetite).

SAUVRCHALA LAVANA^[23]_-

Synonyms- *Sauvarchala, Ruchaka, Sugandha, Hridyagandhaka, Aksha, Kala Lavana, Magadha, Krishna.*

Pharmacological Actions-

- It is *Laghu*(Light), *Katu*(Pungent), *Katu Vipaka*(Pungent at post digestive effect), *Hridya*(Good for heart),

Sugandhayukta(Pleasant odour), *Udgarashodhaka*(Relieves belching), *Ruchikaraka*(Tasty), *Vibandhahara*(Relieves constipation), *Anahanashaka*(Relieves distention of abdomen).

BID LAVANA^[24]_-

Synonyms- *Bida, Kritrima, Pakya, Ghatika Lavana, Dravida, Khanda Lavana, Kritaka, Dhoorta, Asura.*

Pharmacological Action-

- It is *Anulomaka* ie it expels *Kapha* and *Vata Doshas* through down direction.
- It cures *Vibandha*(Constipation), *Gaurava*(Heaviness in the body), *Shoola*(Pain).

SAMUDRA LAVANA^[25]_-

Synonyms- *Trikuta, Vari Sambhava Audbhida, Parthiva, Bhaumya, Bhumtyuttha.*

Pharmacological Actions-

- It is *Madhura Vipaka*(Sweet at post digestive effect), *Guru*(Heavy), *Shleshmavardhaka*(Increases *Kapha Dosh*).

- *Audbhida Lavana* is *Tikta*(Bitter), *Katu*(Pungent), *Kshara*(Alkali), *Teekshna*(Penetrating), *Utkledi*(Nauseating).
- All types of *Lavana* are *Vishyandi*(Cleansing), *Sookshma*(Minuteness), *Srithamala*(Increases Mala in the body), *Mridu*(Softness), *Vataghna*(Subsides *Vata Dosha*), *Kapha Pittajanak*(Increases *Kapha* and *Pitta*).

YAVAKSHARA^[26]-

Synonyms- *Yavakshara*, *Yavashuka*, *Yavaja*, *Yavashukaja*

Pharmacological Actions-

- It subsides *Kapha* and *Vaata*, *Gulma*, *Hridroga*(Heat diseases), *Grahani*(Sprue syndrome), *Pandu*(Anemia), *Pleeha*(Spleen diseases), *Galaroga*(Throat diseases), *Shwasa*(Asthma), *Arsha*(Haemorrhoids), *Krimi*(Worms), *Kustha*(Skin diseases).

SWARJI KSHARA^[27]-

Synonyms- *Swarjika*, *Sarjika Kshara*, *Sroughni*, *Paakya*, *Sugandhika*

Pharmacological Actions-

- *Teekshna*(Penetrating), *Ushna*(Hot in potency), *Pitta* and *Rakta dushaka*(Vitiates the blood and *Pitta Dosha*), *Paaki*(Causes inflammation), *Chedi*(Separating), *Ahridya*(Not good for heart), *Katu*(Pungent in taste), *Lavanayukta*(Salty), *Kesha- Shukra- Oja-Drishti Nashaka*(Causes hair, semen, *Oja*(Essence of seven Dhatus), and loss of vision).

VACHA^[28]- **Botanical Name-** *Acorus calamus* Linn, **Family-** Araceae

Synonyms- *Vacha*, *Uragandha*, *Jatila*, *Shadgrathi*, *Hemavati*, *Shukla*, *Teekshnagandha*, *Ugra*, *Rakshoghni*, *Lomashavhaya*.

Pharmacological Actions-

- It is *Medhya*(Brain tonic), *Kaphahara*(Subsides *Kapha Dosha*), *Tikta*(Bitter), *Katu Vipaka*(Pungent at post digestive effect), *Rakshoghni*(Antiviral effect), *Unmada- Apasmarahara*(Subsides euphoria and epilepsy).

SOOKSHMA ELA^[29]- Botanical Name-

Elettaria cardamomum (Linn) Maton,

Family- Zingiberaceae

Synonyms- *Sukshmela, Dravidi, Tutthya,*

Baalaila, Bahula, Truti, Kshudraila,

Nishkuti, Chandra, Garbhavisravini.

Pharmacological Actions-

- It is *Agnidipana*(Appetizer), *Pachana*(Digestive), *Ruksha*(Dry), *Kaphanashaka*(Subsides *Kapha Dosh*), *Pittavardhaka*(Induces *Pitta*), *Mukhadaurgandhya Nashaka*(Relieves bad smell from the mouth), *Garbhasravakaraka*(Induces uterine secretions).

STHOOLA ELA^[30]- Botanical Name-

Amomum subulatum Roxb, **Family-**

Zingiberaceae

Synonyms- *Patraila, Brihadela, Shulaila,*

Twaksugandhika, Tridiva, Tridivodbhuta,

Prithvika, Kanyaka, Puta

Pharmacological Actions-

- It is *Agnidipana*(Appetizer), *Pachana*(Digestive), *Ruksha*(Dry), *Kaphanashaka*(Subsides *Kapha Dosh*), *Pittavardhaka*(Induces *Pitta*), *Mukhadaurgandhya Nashaka*(Relieves

bad smell from the mouth), *Garbhasravakaraka*(Induces uterine secretions).

HARENU^[31]- Botanical Name-

Vitex agnus-castus Linn, **Family-** Verbenaceae

Synonyms- *Harenu, Renuka, Kaunti,*

Panduputri, Brihatruti, Kapilaila,

Rajaputri, Nandini, Chakrachrbhiti.

Pharmacological Actions-

- It is *Ushna Virya*(Hot in potency), *Tikta*(Bitter), *Kapha Nashak*(Subsides *Kapha Dosh*), *Agnidipana*(Appetizer), *Pachana*(Digestive), *Medhya*(Brain tonic), *Krimighni*(Subsides worm infestation), *Garbhapatkari*(Induces abortion).

SARSHAPA^[32]- Botanical Name-

Brassica campestris Linn, **Family-**

Brassicaceae

Synonyms-

Shweta Sarshapa- Dundubha, Gaura,

Siddhartha, Bhutanashini, Grihaghni,

Katuka, Sheta, Rakshoghni, Vijayavaha

Rakta Sarshapa- *Asuri, Rajika, Chitralla,*

Raktasarshapa, Katuka, Teekshnagandha,

Suteekshna, Kshavaka, Kshava.

Pharmacological Actions-

- *Dipana*(Appetizer), *Katupaka*(Pungent at the post digestive effect), *Krimighna*(Subsides worms), *Shoolanashaka*(Analgesic), *Rakshogna*(Anti-Viral) in actions.

CONCLUSION-

Most of the drugs mentioned in this group are *Katu Rasa*, *Katu Vipaka*, *Ushna Virya*, *Laghu Ruksha Teekshna Guna*. These drugs are mainly used in the *Kaphaja rogas*. Therefore indicated in *Vaman Karma*. These drugs are also called as *Vamana Dravyas*. Here an attempt is made to highlight these drugs with their botanical

name, family along with pharmacological activities are mentioned strictly on bases of the *Madanadi Nighantu*. Further scope of study is to evaluate these drugs having *Roshogna Karma*(Anti viral actions), *Krimighna*(Anti helminthic actions), *Jwaraghna*(Anti pyretic actions), *Shoolahara*(Analgesic and anti spasmodic actions) *Garbhapatakara*(Anti abortive actions), with modern parameters.

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