



## Developing Research Managers and Leaders through Management Development Programme in National Agricultural Research and Education System in India

Alok Kumar\*, R. V. S. Rao, P. Ramesh, K. H. Rao and Ch. Srinivasa Rao

ICAR-National Academy of Agricultural Research Management (NAARM), Rajendranagar, Hyderabad-500030, Telangana, India

\*Correspondence author mail id: alok.education@gmail.com

### ARTICLE INFO

Keywords: Kirkpatrick's model, Evaluation, Management development programme, Leadership development, Agricultural scientists

<http://doi.org/10.48165/IJEE.2022.58424>

### ABSTRACT

To develop research managers and leaders in NARES, it is substantially important to enable existing and proposed managers to expand their understanding of the principles, techniques and approaches involved in management. To achieve this goal, ICAR-NAARM, offered a course "Management Development Programme on Leadership Development" for more than one decade. To assess and evaluate the performance of the participants in their respective institutions, the respondents and their reporting officers interviewed to determine whether programme has produced the desired effect. A total of 150 respondents and their reporting officers gave their views for this study. Based upon mean score and standard deviation, most of the respondents were average (62.67%), below average (19.33%) and above average (18%) before training, knowledge levels after training indicated, most of the respondents were average (66%), below average (17.33%) and above average (16.66%) whereas changes in knowledge levels indicated that, most of the respondents having average (63.33%), below average (18.66%) and above average (18%). For Behaviour, feedback received from the participants after 6 months and more period and the overall satisfaction level was around 3.89 out of 5.0, whereas overall results was around 3.42 out of 5.0.

### INTRODUCTION

Human Resource Development (HRD) is a methodical way to improve and strengthen employee competencies through organisational development (Mittal, 2013). Since HRD has progressed so far, achieving the goal of improving job-related learning patterns, knowledge, and outcomes at the individual and hierarchical levels requires a significant investment in training and development activities (Marsick & Watkins, 1990). Regular assessment and training are necessary to keep employee competencies and development plans up-to-date (Noe, et al., 2011; Leonard & Wibawa, 2020; Garin et al., 2022; Sharma et al., 2021). Managers and leaders are frequently noticed in the context of the development of human resources (New, 1996; Hall & Moss, 1998; Feldman, 2002), it revealed that in the absence of organisational guidance they are expected to commence development.

Organizations can take several forms of leadership and management growth. A variety of formal interventions, including coaching, mentorship, formal programmes, and feedback programmes, may be used to organise it (Garavan et al., 2008). However, organisations are aware of the necessity to rely on, support, and encourage their leaders to develop self-directed leadership (Derue & Ashford, 2010). Developing leadership skills requires, formal leadership development programme which provides a more structured kind of experience (Day & Dragoni, 2015; Ponnusamy et al., 2014; Ruben et al., 2018; Zulfqar et al., 2021). Training helps to build leadership skills since it offers a set of systems experiences that helps gain new knowledge in leadership terms and opportunities for new talents and skills (Lacerenza et al., 2017). Participants in leadership training, typically exposed to new leadership principles, which helps leaders to perform their jobs more effectively (Lord & Hall, 2005; Baron et al., 2019). Leaders can grasp, amplify, and

Received 19-09-2022; Accepted 23-09-2022

Copyright© Indian Journal of Extension Education (<http://www.iseeiari.org>)

anticipate settings, events, or reactions through experiential learning, which improves their ability to act and adapt to leadership roles (Daloz, 2005; Avolio et al., 2009; Rao et al., 2021). These assertions are supported by empirical research, which shows that those who receive leadership training reported that they having higher levels of leadership competence (Mumford et al., 2000a; Hirst et al., 2004; Christina et al., 2017).

Management Development Program is one of the most desired methods of developing leadership and managerial skills within an organization (Gareth & Sharon, 2005). Managers and Leaders in the creation of high-performance organisations considered a powerful group (Ronan & Thomas, 2012, Marcelo et al., 2009). The employees who attend the Management Development Programs (MDPs) are interested and active to participate in the programs (Nurita et al., 2015). The employee-training program is most important for an organization to increase profitability and productivity, decrease the cost of labour, improve quality, and adequately manage the workforce (Shahrooz, 2012; Omer, 2015). Management Development Programme (MDP) is a highly interactive program focused on the development of personal and group leadership skills and knowledge to expand managerial ability in an organization. To assess the effectiveness and relevance of training impacted, Kirkpatrick's four levels of appraisal models were employed for this study.

## METHODOLOGY

This study is based on the data collected through qualitative (direct observation, discussion, interview) and quantitative (questionnaires) from research and academic professional engaged in the Indian Council of Agricultural Research and Agricultural university of India. The respondents of the study included the research and academic professionals working in different capacities viz. Principal Scientists/Professors, Heads of the division, Project Directors/Coordinators, Zonal Directors, Deans, and other similar Research Management Professionals attended the "Management Development Programme on Leadership Development" conducted by ICAR-NAARM on the learning and performance of participants in their professional career. The survey was carried out during 2016-2021 and the research tool utilised was a self-completion questionnaire that ensured respondents' confidentiality. To assess the effectiveness and relevance of training impacted, course contents provided, and teaching methods followed in the programme, the respondents and their reporting officers were interviewed for the purpose. A total of 150 respondents and their reporting officers were given their views for this study. The methodology used for this purpose was Kirkpatrick's Evaluation Model i.e. four levels of the training evaluation model. Kirkpatrick's four levels of appraisal models i.e. Reaction, Learning, Behaviour and Results are extensively employed in the appraisal of educational programs. Each level has an impact on the next level. These four main variables that were studied in this study were overall evaluation of training, perceived effectiveness of training, the perceived value of training, and perceived trainer performance. A five-point Likert scale was used to score each of the questionnaire items that were utilised to create the study's scales, which indicated whether the respondent agreed or disagreed (1 for strongly disagree to 5 strongly agree).

## RESULTS AND DISCUSSION

### Reaction

Reaction level measures, how the participant reacted and was trained in the program. Measuring how committed they were, how they reacted, and contributed to the training program helps to understand how well they received it. It also facilitates composing improvements to future training programs, by identifying the most important topics that have been missing. Trainee attitudes about the training represent the attitudinal component of efficacy. Under this study, feedback was received from the participants at the end of each training programme during 2016-21 and the Overall satisfaction level in the reaction component is around 4.39 out of 5.0. Different parameters of reaction like course content, coordinator's skill and support, relevance to needs of participants, overall learning from the course, expectations from the course mostly fulfilled, recommendation of this programme to others, additional knowledge was gained due to the programme, training methodologies used were interesting and relevant for the purpose, learned skills to be used and supporting and other services provides the ratings of 4.19, 4.73, 4.37, 4.43, 4.26, 4.57, 4.51, 4.35, 4.62 and 3.67 respectively out of 5.0 (Figure 1).

Patel (2010) indicated that 91 per cent of Institutional training assessments gathered reaction data, albeit this isn't always documented in the research as frequently as it is done in practice. Aside from its popularity, reaction data is an important evaluation approach, when assessing training success, it might be a pre criteria to other intended training results (Hughes et al., 2016; Sitzmann et al., 2008). Reactions may therefore play a major role in a training evaluation since they revealed how satisfied a trainee is with the instruction, show indications of the trainee's willingness to learn, and can lead to other outcomes. Given the prevalence and importance of trainee's responses, it is critical to ascertain, leadership training improves employee responses. Popular media has promoted the notion that employees despise training (e.g., Kelly, 2012), training references revealed that training frequently elicits favourable responses (Nain & Kumar, 2001; Brown, 2005; Nain et al., 2006), which viewing training as a kind of organisational support. The factor analysis of the items revealed three distinct factors for all of the items. Internal reliability was acceptable for the components, with coefficients alpha of 0.80, 0.76, and 0.72 for perceived trainer performance, perceived training usefulness and perceived training efficiency, respectively.

### Learning

Training sessions have specified learning objectives, and it is helpful to measure before and after training. Before the training evaluation, trainees determine their levels of skills, attitudes, and knowledge, when the training is finished, evaluate the trainees a second time to measure what they have learned. According to Kraiger et al., (1993), the types of learning outcomes include affective, cognitive, and skill-based outcomes. Affective learning refers to the acquisition or modification of internal states. Cognitive learning is the result of a shift in intellectual or metal-based skills over time. The acquisition of technical or motor abilities is referred to as skill-based or psychomotor learning. Leadership development

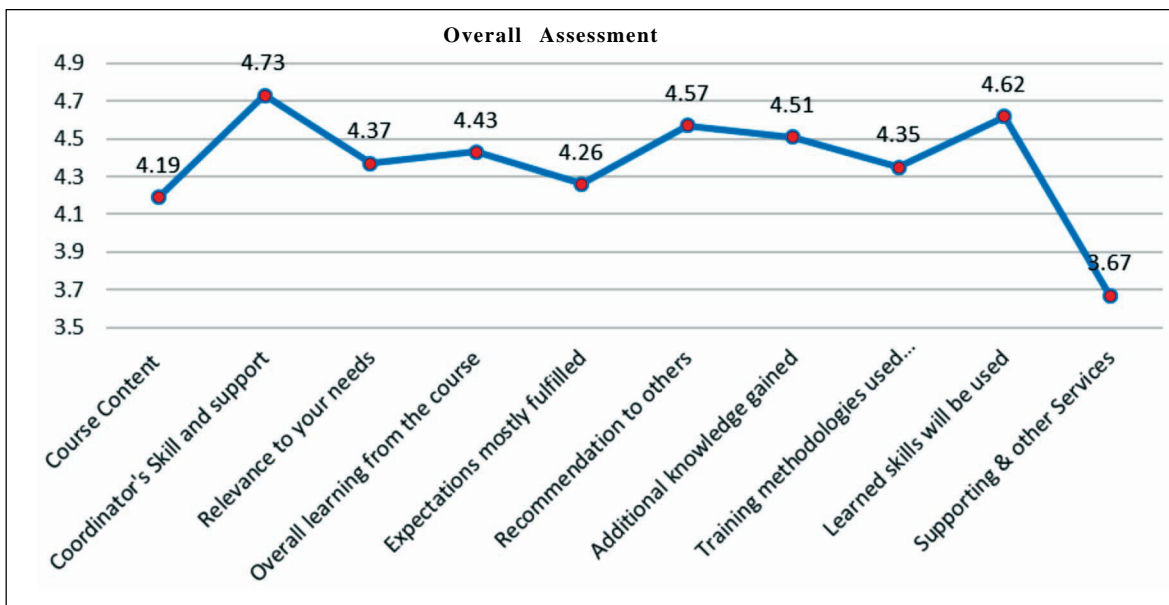


Figure 1. Reaction Assessment of MDP

programmes, by definition, are intended to improve trainees' abilities to involve in leadership roles and processes by providing additional information (Day, 2000). Knowledge acquisition and learning may occur during training, according to adult learning theory, since instruction modifies pre-existing schemas or mental representations of the world and challenges preconceptions (Mezirow & Taylor, 2009; Nain & Trikha, 2009; Chen, 2014; Patel et al., 2020). The respondents' knowledge level was divided into three categories based on their mean score and standard deviation: below-average, average, and above-average knowledge level (Table 1).

The respondents were classified, based upon mean score and standard deviation and it was indicated that most of the respondents before training were Average i.e. 11.05 to 20.51 (62.67%) category, whereas other respondents classified as below average i.e. <11.05 (19.33%) and Above average i.e. >20.51 (18%) similarly, the respondents were classified for post training and it was indicated that most of the respondents were under the category of Average i.e. 22.40 to 28.24 (66%), whereas other respondents classified as below average i.e. <22.40 (17.33%) and Above average i.e. >28.24 (16.66%). It was indicated that out of 150 respondents, most of the respondents changes in after and before training had an average of 4.01 to 15.09 (63.33%), whereas other respondents were

classified as below average i.e. <4.01 (18.66%) and Above average i.e. >15.09 (18%) knowledge level category working in NARES.

**Behaviour**

Behaviour describes, what the trainee does and the extent to which they utilise the knowledge and skills they gained during on-the-job training (Baldwin & Ford, 1988; Kirkpatrick, 1959). Behaviour can change when conditions are favourable and also inform where people might need help. One of the most obvious goals of leadership training is to help leaders make good behavioural changes at the place of working (Day, 2000). Transfer evaluation is therefore essential for measuring the effectiveness of leadership training. The failure of targeted behaviours to transfer to the workplace has been identified by some researchers as a "transfer problem" (Baldwin & Ford, 1988; Goldstein, 1986). Some research has shown that learning does not always translate into transfer (May & Kahnweiler, 2000). Based upon feedback received from the participants after six months and more, overall satisfaction level is around 3.89 out of 5.0. Different parameters of behaviour like the extent to which training address training needs, the extent the learning helps to job, the extent of application of learning to the job, the extent of improvement in job performance, and the

Table 1. Degree of knowledge (before training, after training and Changes in training)

Degree of Knowledge level	Knowledge Score	Frequency (N=150)	Percentage
Before Training (Mean= 15.78 and S.D.= 4.73)			
Below Average	≤11.05	29	19.33
Average	11.05 to 20.51	94	62.67
Above Average	≥20.51	27	18
After Training (Mean= 25.32 and S.D.= 2.92)			
Below Average	≤22.4	26	17.33
Average	22.4 to 28.24	99	66
Above Average	≥28.24	25	16.66
Changes in Training (Mean= 9.55 and S.D.= 5.54)			
Below Average	≤4.01	28	18.66
Average	4.01 to 15.09	95	63.33
Above Average	≥15.09	27	18

comparison of pre and post-training scenario in performance provides the ratings of 3.94, 4.05, 3.73, 4.16 and 3.57 respectively out of 5.0 as mentioned in Figure 2.

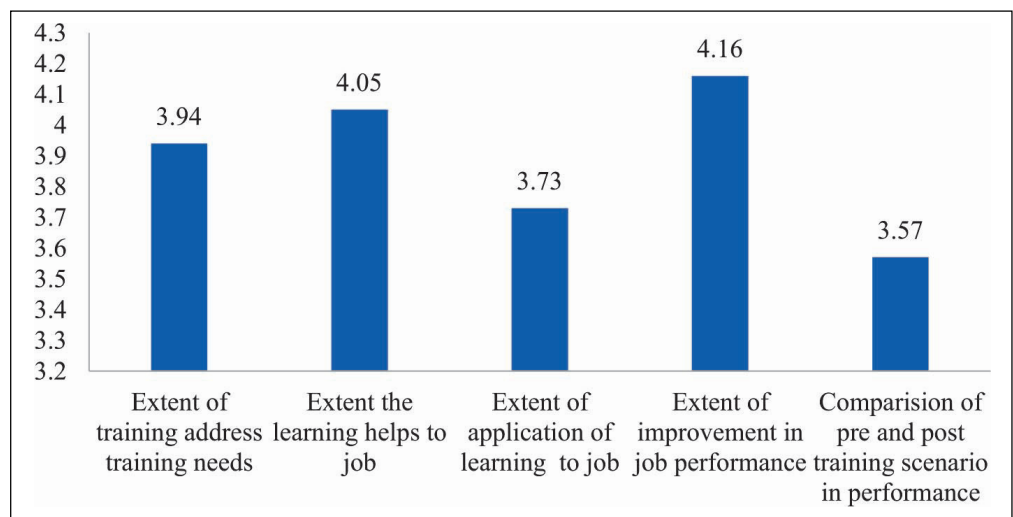
**Results**

Kirkpatrick (1959) defines results as evaluating methods that demonstrate the training program’s effect on accomplishing organisational goals such as costs, profits, turnover, and performance. Results are typically defined in terms of the value of the training vs the expense of the programme. (e.g., ROI) (Arthur et al., 2003). DiPietro (2006) looked at the return on investment (ROI) of a leadership training programme, in terms of organisational outcome, and Kawakami, et al. (2006) looked at how supportive the work environment was after leadership programme, which is a subordinate result. Some research has observed no improvement in results criterion after receiving such programme. For example, Lee et al., (2010) discovered that following leadership training, subordinates’ self-reported emotional tiredness

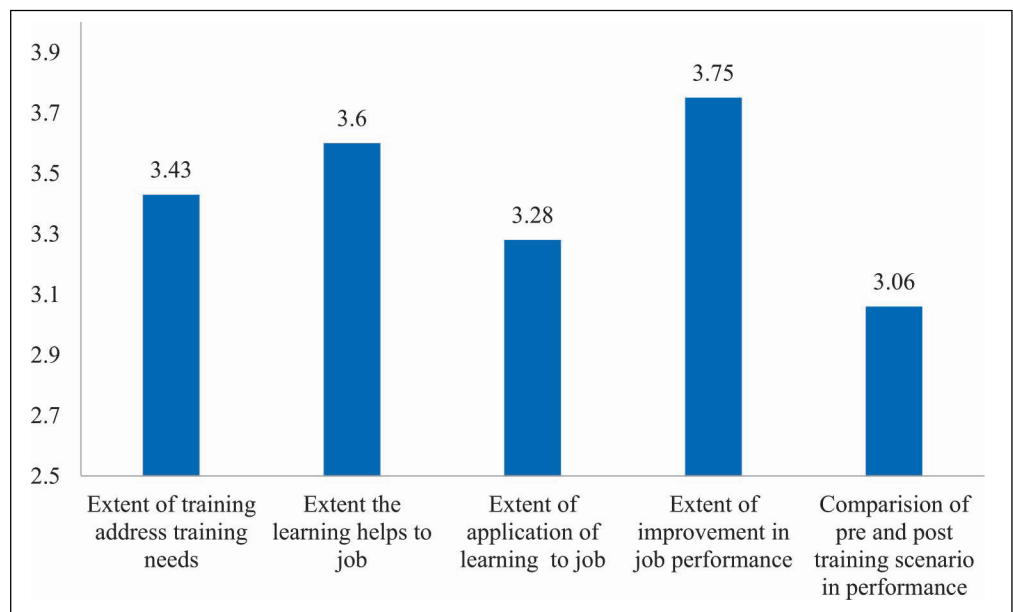
did not decrease. The majority of studies support the improvement of outcomes brought about by leadership development, however, this one is in the minority (Burke & Day, 1986). Theoretically, results caused advancements in learning and transfer (Kirkpatrick, 1959; Tharenou et al., 2007; Wright et al., 1999).

Based upon feedback received from the reporting officer of participants after 6 months and more of the training programme during 2016-21, the overall result satisfaction level was around 3.42 out of 5.0. Different parameter of results is like extent to which training address training needs, the extent the learning helps to job, the extent of application of learning to the job, the extent of improvement in job performance, and the comparison of pre and post-training scenario in performance provides the ratings of 3.43, 3.6, 3.28, 3.75 and 3.06 respectively out of 5.0 as mentioned in Figure 3. As a result, according to Kirkpatrick (1959), outcomes can be categorised when analysing training effectiveness, and the approach has been utilized in various leadership training meta-analyses (e.g., Burke & Day, 1986; Arthur et al., 2003), to evaluate training effectiveness.

**Figure 2.** Individual officers (self) ratings of MDP



**Figure 3.** Reporting officers ratings of MDP



## CONCLUSION

Based upon four criteria (reactions, learning, behaviour, and results) of Kirkpatrick model, the study concluded that the strength and quality vary upon design, delivery, and implementation characteristics. Feedback received from the participants after the training programme and the overall satisfaction level of reaction is around 4.39 out of 5.0. The study high lightened the knowledge level of participants and information on the sample composition of pre and post training evaluations based upon the knowledge level of the participants at the time of entry and completion of the course. For Behaviour, feedback received from the participants after 6 months and more periods of the training programme and the overall satisfaction level was around 3.89 out of 5.0(77.8%), whereas overall satisfaction level of results is around 3.42 out of 5.0(68.4%).

## REFERENCES

- Arthur, W., Jr., Bennett, W., Jr., Edens, P. S., & Bell, S. T. (2003). Effectiveness of training in organizations: A meta-analysis of design and evaluation features. *Journal of Applied Psychology, 88*, 234–245.
- Avolio, B. J., Reichard, R. J., Hannah, S. T., Walumbwa, F. O., & Chan, A. (2009). A meta-analytic review of leadership impact research: experimental and quasi-experimental studies. *Leadersh. Q., 20*, 764–784.
- Baldwin, T. T., & Ford, J. K. (1988). Transfer of training: A review and directions for future research. *Personnel Psychology, 41*, 63–105.
- Baron, I. S., & Melania, A. H. (2019). The effectiveness of leadership training from generation me perspectives. *Journal of Management and Marketing Review, 4*(1), 49 – 56.
- Brown, K. G. (2005). An examination of the structure and nomological network of trainee reactions: A closer look at “smile sheets.” *Journal of Applied Psychology, 90*, 991–1001.
- Burke, M. J., & Day, R. R. (1986). A cumulative study of the effectiveness of managerial training. *Journal of Applied Psychology, 71*, 232–265.
- Carbery, R., & Garavan, T. N. (2012). Leadership and management development. *International Human Resource Development*, pp 387-405.
- Chen, J. C. (2014). Teaching non-traditional adult students: Adult learning theories in practice. *Teaching in Higher Education, 19*, 406–418.
- Christina, N., Lacerenza, D. L. R., Shannon, L. M., Dana, L. J., & Eduardo, S. (2017). Leadership training design, delivery and implementation: A Meta-Analysis. *Journal of Applied Psychology, 102*(12), 1686–1718.
- Daloz, P. S. (2005). *Leadership Can Be Taught*. Boston, MA: Harvard Business School Press.
- Day, D. V. (2000). Leadership development: A review in context. *The Leadership Quarterly, 11*, 581–613.
- Day, D. V., & Dragoni, L. (2015). Leadership development: an outcome-oriented review based on time and levels of analyses. *Annual Review of Organizational Psychology and Organizational Behavior, 2*, 133–156.
- Derue, D. S., & Ashford, S. (2010). Power to people: where has personal agency gone in leadership development? *Industrial and Organizational Psychology: Perspectives on Science and Practice, 3*(1), 24–27.
- DiPietro, R. B. (2006). Return on investment in managerial training: Does the method matter? *Journal of Foodservice Business Research, 7*, 79–96.
- Feldman, D. C. (2002). *Work Careers: A development perspective*, Jossey-Bass, San Francisco, CA.
- Garavan, T. N., Hogan, C., & Cahir-O'Donnell, A. (2008). *Developing managers and leaders: Perspectives, practices and debates in Ireland*, Gill & MacMillan, Dublin.
- Gareth, E., & Sharon, T. (2005). Evaluating the impact of leadership development in a regional sport. *Advances in Developing Human Resources, 7*(3), 396-413.
- Garín, A. M., Rodríguez, I. R., Pelaez-Fernandez, M. A., Rodríguez, J. S., Elena, R., & Serrano-Ibanez, E. R. (2022). Relationship between group work competencies and satisfaction with project-based learning among university students. *Frontiers in Psychology, 13*, 811864.
- Goldstein, I. L. (1986). *Training in organizations: Needs assessment, development, and evaluation* (2nd ed.). Monterey, CA: Brooks/Cole.
- Hirst, G., Mann, L., Bain, P., Pirola-Merlo, A., & Richver, A. (2004). Learning to lead: the development and testing of a model of leadership learning. *Leadersh. Quarterly, 15*, 311–327.
- Hughes, A. M., Gregory, M. E., Joseph, D. L., Sonesh, S. C., Marlow, S. L., Lacerenza, C. N., & Salas, E. (2016). Saving lives A meta-analysis of team training in healthcare. *Journal of Applied Psychology, 101*, 1266–1304.
- Kawakami, N., Takao, S., Kobayashi, Y., & Tsutsumi, A. (2006). Effects of web-based supervisor training on job stressors and psychological distress among workers: A workplace-based randomized controlled trial. *Journal of Occupational Health, 48*, 28–34.
- Kelly, D. (2012). *why people hate training, and how to overcome it*. Retrieved from <https://www.mindflash.com/blog/2012/03/whypeoplehate-training-and-how-to-overcome-it/>
- Kirkpatrick, D. (1959). Techniques for evaluating training programs. *Journal of the American Society for Training and Development, 13*, 3–9.
- Kraiger, K., Ford, J. K., & Salas, E. (1993). Application of cognitive, skill-based, and affective theories of learning outcomes to new methods of training evaluation. *Journal of Applied Psychology, 78*, 311–328.
- Lacerenza, C. N., Reyes, D. L., Marlow, S. L., Joseph, D. L., & Salas, E. (2017). Leadership training design, delivery, and implementation: a meta-analysis. *Journal of Applied Psychology, 102*, 1686–1718.
- Lee, H., Spiers, J. A., Yurtseven, O., Cummings, G. G., Sharlow, J., Bhatti, A., & Germann, P. (2010). Impact of leadership development on emotional health in healthcare managers. *Journal of Nursing Management, 18*, 1027–1039.
- Leonard, & Wibawa, B. (2020). Development of Teacher Research Competency Training System in Indonesia: A Need Analysis. *Universal Journal of Educational Research, 8*(5), 2064-2070.
- Lord, R. G., & Hall, R. J. (2005). Identity, deep structure and the development of leadership skills. *Leadersh Quarterly, 16*, 591–615.
- Marsick, V., & Watkins, K. (1990). *Facilitating learning in organizations: Making learning count*. Aldershot, UK: Gower.
- May, G. L., & Kahnweiler, W. M. (2000). The effect of a mastery practice design on learning and transfer in behaviour modelling training. *Personnel Psychology, 53*, 353–373.
- Mezirow, J., & Taylor, E. (Eds.). (2009). *Transformative learning in action: A handbook of practice*. San Francisco, CA: Jossey-Bass.
- Mittal, S. (2013). HRD climate in public & private sector banks. *Indian Journal of Industrial Relations, 49*(1), 123-131.

- Mumford, M. D., Marks, M. A., Connelly, M. S., Zaccaro, S. J., & Reiter-Palmon, R. (2000a) Development of leadership skills: experience and timing. *Leadership Quarterly*, 11, 87–114.
- Nain, M. S., & Kumar, B. (2001). Trainers training need: An instructional system approach. *Indian Research Journal of Extension Education*, 1(2), 35-42.
- Nain, M. S., & Trikha, R. N. (2009). Training of farm journalists: A study of needs and preferences. *Indian Journal of Extension Education*, 45(3&4), 26-32.
- Nain, M. S., Bhagat, G. R., & Chauhan, J. (2006). Perceptions of grass-root level extension workers towards in service training. *Indian Research Journal of Extension Education*, 6(1&2), 17-19.
- New, G. E. (1996). Reflections: a three-tier model of organizational competencies, *Journal of Managerial Psychology*, 11(8), 44–51.
- Noe Raymond, A., Hollenbeck John, R., Gerhart Barry, & Wright Patrick, M. (2011). “Fundamentals of Human Resource Management”, Fourth Edition, Published by McGraw-Hill/Irwin, a business unit of The McGraw-Hill Companies, Inc., the Americas, New York.
- Nurita, J., Farah, Y., Wan, J., & Norizah, S. (2015) Management development programs and the readiness for changes: a study in Malaysia. *International Journal of Accounting & Business Management*, 3(1), 376–384.
- Omer, G. U. (2015) Program Evaluation through Kirkpatrick’s Framework. *Pacific Business Review International*, 8(1).
- Patel, G., Lakum, Y., Mishra, A., & Bhatt, J. H. (2020). Correlates of Knowledge Regarding Utility of Soil Testing and Soil Health Card. *Indian Journal of Extension Education*, 55(4), 31–35.
- Patel, L. (2010) *ASTD state of the industry report 2010*. Alexandria, VA: American Society for Training & Development.
- Perin, M. G., Sampaio, C. H., Becker, G. V., & Fernandes, B. H. R. (2009). The impact of management development in the organizational performance from the viewpoint of the approach of competencies. *Brazilian Business Review*, 6(1),100-116.
- Ponnusamy, K., & Swathi, L. P. S. (2014). A study on leadership qualities of supervisory officers (Divisional / Institution Heads) in ICAR Institutes. *Indian Journal of Extension Education*, 50(3&4), 58-61.
- Rao, R., Kumar, A., Rao, K., Yashavanth, B., Indu Priya, M., Anwer, M., & Rao, C. S. (2020). Leadership styles of the professionals from the National Agricultural Research and Education System. *Indian Journal of Extension Education*, 57(1), 105–109.
- Ruben, B. D., De Lisi, R., & Gigliotti, R. A. (2018). Academic leadership development programs: Conceptual foundations, structural and pedagogical components, and operational considerations. *Journal of Leadership Education*, 17, 241–254.
- Shahrooz, F. (2012). The evaluation effectiveness of training courses in university by Kirkpatrick Model: ELSEVIER Ltd. *Social and Behavioral Sciences*, 46, 2837 2841.
- Sharma, B. C., Kumar, R., Slathia, P., Puniya, R., & Vaid, A. (2021). Evaluation of Refresher training programme on conservation agriculture practices. *Indian Journal of Extension Education*, 58(1), 49-52.
- Tharenou, P., Saks, A. M., & Moore, C. (2007). A review and critique of research on training and organizational-level outcomes. *Human Resource Management Review*, 17, 251–273.
- Wright, P. M., McCormick, B., Sherman, W. S., & McMahan, G. C. (1999). The role of human resource practices in petro-chemical refinery performance. *International Journal of Human Resource Management*, 10, 551–571.
- Zulfqar, A., Valcke, M., & Quraishi, U. (2021) Developing academic leaders: evaluation of a leadership development intervention in higher education. *SAGE Open*, pp 1–15.