# A retrospective study on factors influencing pregnancy rate following embryo transfer in cows

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#### ABSTRACT

The aim of the present study was to analyze the factors affecting pregnancy rate following non-surgical Embryo Transfer (ET) in cows. Native (Bos indicus) Ongole cows super stimulated during mid luteal phase were subjected to non-surgical embryo collection on day 7 of super estrus and embryos were evaluated based on stage of development and quality. Transfer of 37 embryos resulted in an average pregnancy rate of 56.8 %. It was observed that, irrespective of developmental stage or quality of embryo, pregnancy rates were not compromised when recipients were in estrus  $\pm$  24 hrs of donor. The results indicate that transfer grade, site of embryo deposition and quality of recipient have profound influence on conception rate.

Key words: Pregnancy, Ongole, embryo transfer

Pregnancy rate in recipient cows is a direct measure of successful embryo transfer program. Establishing pregnancy through ET involves a complex series of interrelationships between the embryo, its uterine environment and the corpus luteum (Sreenan and Diskin, 1987). Various factors that might influence conception rate following ET in cattle include synchrony between donor and recipient estrus (Rowson et al., 1972; Seidel, 1981; Hasler et al., 1987), embryo quality (Linder and Wright, 1983; Coleman et al., 1987), stage of embryo development (Kunkel and Strichlin, 1978; Hasler et al., 1987), skill of operator and ease of transfer (Gordon, 1975; Schneider et al., 1980), transfer location (Greve, 1981; Wright, 1981; Hasler et al., 1987), site of embryo deposition (Christic et al., 1980; New Comb and Rowson, 1982), maternal endocrine profile (Remsen and Roussel, 1982; Bierschwal and Murphy, 1985; Wilmut et al., 1985) and uterine environment (Walton and stubbings, 1986). In the present study, factors influencing pregnancy rate following non-surgical embryo transfer in native Ongole cows were analyzed retrospectively.

## **MATERIALS AND METHODS**

Parous, lactating, cyclic Ongole breed donors aged 8-10 years were subjected to superovulation during mid luteal phase (day 10-11) of the cycle (estrus = day 0) by administering 200mg of NIH-FSH-P1 (Folltropin - V, Vetrepharm Inc., London, Ontario, Canada) intramuscularly in a twice daily descending dose schedule (40/40, 30/30, 20/20 and 10/10 mg) for 4 consecutive days. Luteolysis was induced by intramuscular administration of 50 mg dinoprost tromethamine (Lutalyse, Upjohn, USA) in 2 equally divided doses at 48 and 60 hrs after initiating superovulatory treatment. The animals were inseminated 3 times from the start of standing estrus and at 12 hrs interval there after using pedigreed frozen semen. Embryos were recovered by non surgical method on day 7 (Newcomb et al, 1978). They were evaluated and graded according to the specifications of International Embryo Transfer Society (IETS).

Embryos were non-surgically transferred into native cows and heifers that were within two days of estrous cycle synchrony with the donor. Only those recipients having palpable corpus luteum (CL) were

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selected for transfer and the quality was grades as fair  $(\leq 10 \text{ mm})$  and good (> 10 \text{mm}). All transfers were performed by one person only. Estrus detection was carried out twice daily using vasectomised teaser bull. Pregnancy rates based on day 60 rectal palpation were analyzed by chi-square test for comparing percentages (Snedecor and Cochran, 1967).

#### **RESULTS AND DISCUSSION**

Of the 37 recipients, 21 (56.8%) conceived (Table). A wide range of pregnancy rates between 20 and 75% were reported earlier (Seidel, 1980; Coleman *et al.*, 1987) in exotic cattle indicating influence of several variables.

The pregnancy rates in summer, rainy and winter seasons, respectively were 46.7%, 64.7% and 60.0% with no significant difference between seasons as has been reported by Weaver et al. (1986) and Hasler et al. (1987). The pregnancy rates were not compromised when the recipients were in estrus as much as 24 hrs before the donor (85.7%) or 24 hrs after the donor (50.0%). However the pregnancy rates were lower (33.0%) when the recipients were in estrus more than 24 hrs after the donor. The results of the present study are similar to earlier observations that asynchrony up to 24 hrs on either side (Sreenan et al., 1975) or even up to 36 hrs before the donor (Hasler et al., 1987) did not lower the pregnancy rate significantly. With this, it is clearly evident now that, in cattle precise estrus synchrony is not as critical as formerly suggested (Lindner and Wright, 1983; Looney et al., 1984).

In the present study, there was no significant difference in pregnancy rates between different stages of embryo as also reported by Shea *et al.* (1976); Schneider *et al.* (1980) and Lindner and Wright (1983). However, others reported that transfer of blastocysts resulted in higher pregnancy rates than that of morulae (Halley *et al.*, 1979; Looney *et al.*, 1980; Wright, 1981 and Donaldson, 1985).

In our study, the pregnancy rate was highest with Grade I embryos (58.8%) followed by Grade II (56.3%) and the lowest was with Grade III embryos (50.0%). But this difference was not significant presumably due to less number of embryos in each category. This is in contrast to earlier reports that pregnancy rates improved significantly with improved embryo quality (Colemand *e al.*, 1987). However, the assignment of a particular grade to an embryo is subjective and the difference in survival rates between close grades of embryos is not always consistent (Sreenan and Diskin, 1987). Sometimes, poor quality embryos produce pregnancy and many morphologically good embryos fail to result in pregnancy suggesting the involvement of various factors in establishing pregnancy (Lindner *et al.*, 1983).

Transfer of embryos into anterior one third of uterine horn resulted in significantly ( $x^2 = 7.54$ , P>0.005) higher pregnancy rate (70.4%) compared to that of middle one third of horn (20.0%) which is in agreement with earlier reports (New Comb and Rowson, 1980) and the reduced survival of embryos may be due to inadequate signal to the ovary as a result of suboptimal location (New Comb and Rowson, 1980).

The quality of transfer has significantly  $(x^2 = 10.09; P > 0.005)$  influenced the pregnancy rate. The conception rate, in the present study, was found to be higher (71.4%) when embryos were transferred easily and quickly with least manipulation (transfer grade A) than those transfers in which the technician struggled (transfer grade B) during transfer. Similarly Coleman *et al.* (1987) and Thibier and Nibart (1992) reported higher pregnancy rates with transfers performed quickly and smoothly. Probably the skill and experience of the operator determines not only the site of embryo deposition within a selected horn but also the degree of trauma inflicted during transfer (Sreenan and Diskin, 1987).

The embryos were transferred into the horn ispsilateral to the ovary containing CL and the pregnancy rates were not found to be affected by either size of CL or side of transfer. This confirms earlier reports that pregnancy rate in cattle is not affected by either CL quality (Looney *et al.*, 1984 and Donaldson, 1985) or side of transfer (Wright, 1981). In this study, 67.6 % ovulations were observed on right ovary with a significant difference ( $x^2 = 9.14$ , P > 0.005) between the incidence of ovulations on right and left ovaries as also reported by Reece and Turner (1938) and Hasler *et al.* (1980).

The pregnancy rates were significantly  $(x^2 = 5.78)$ ,

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## Factors influencing pregnancy rate following embryo transfer in cows

Attributes Total number of transfers		Number of transfers   37	Number of pregnancies 21	Pregnancy rate (%) 56.8
Rainy	17	11	64.7	
Winter	5	3	60	
Stage of embryo	Early morula	8	6	75
	Compact morula	17	9	52.9
	Blastocyst	12	6	50
Grade of embryo	Ι	17	10	58.8
	Il	16	9	56.3
	111	4	2	50
Estrus synchrony (hours)*	≤ + 24	10	6	85.7
	Synchronized	14	9	52.9
	≤ -24	10	5	50
	> - 24	3	1	33
Transfer site	Anterior? of horn	27	19	63.3ª
	Middle? of horn	10	2	28.6 <sup>b</sup>
Transfer grade (ease of transfer)	A – easy transfer	28	20	66.7°
	B - difficult transfer	9	1	14.3 <sup>d</sup>
CL status	Fair (≤ 10mm)	28	16	55.2
	Good (> 10mm)	9	5	55.5
Side of CL	Right ovary	25	15	60
	Left ovary	12	6	50
Fertility of recipient	Normal breeder (> 3 AI)	28	19	63.3 <sup>e</sup>
	Repeat breeder (> 3 AI)	9	2	28.6 <sup>f</sup>
Recipient parity	Heifers	8	5	63.5
	Cows	29	16	55.2

Table 1: Factors influencing pregnancy rate following embryo transfer in cows.

bryo 'Recipient came into estrus before (+) or after (-) the donor.

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ee of <sup>14</sup> figures within a column within each characteristic with different superscripts differ significantly (a-d: P<0.005., e-f: P<0.05).

P > 0.05) lower (28.6%) in repeat breeder cows horn (inseminated more than 3 times previously) compared ancy to normal breeder cows (63.3%). This is consistent with f CL the hypothesis that the lower fertility in repeat breeder that cows may be due to hostile uterine environment causing CL death of early embryo (O' Farrel and Hartigan, 1989). 5) or A non significant difference in pregnancy rates between .6 % cows (55.2%) and heifers (62.5%) was observed in this icant study and these results are in agreement with the reports ence of Wright (1981). orted

From the results it may be concluded that pregnancies could be successfully established by

transferring embryos to recipients which were in estrus by  $\pm$  24 hrs out of phase with donors. The degree of dexterity and site of embryo deposition have significant influence on pregnancy rate in cows.

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