

## Reproductive performance and plasma profile of alkaline phosphatase, progesterone and thyroid hormones in postpartum fertile and infertile Surti buffaloes\*

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### ABSTRACT

The reproductive performance, AKP and plasma endocrine profile was studied in fertile (n=12) and infertile (n=11) Surti buffaloes at weekly interval from the day of calving till 15 weeks postpartum. The period for initiation of postpartum ovarian follicular activity, first oestrus postpartum, days open and calving interval were significantly shorter ( $P < 0.01$ ) in fertile group of buffaloes than the infertile ones. The plasma AKP activity was consistently higher in fertile than the infertile buffaloes, and it showed a gradual increasing trend from calving till 15<sup>th</sup> week postpartum, but without significant weekly variation in both the groups. The mean  $P_4$  levels varied significantly between weeks postpartum only in fertile group. The values of  $0.81 \pm 0.18$  ng/ml on the day of calving dropped to base line and remained low until 8 weeks postpartum and then showed increasing trend as the weeks proceed to reach the highest value ( $P < 0.01$ ) of  $2.77 \pm 0.27$  ng/ml at 15<sup>th</sup> week postpartum, while in the infertile group the levels fluctuated non-significantly and the values were higher at week 6<sup>th</sup>, 9<sup>th</sup> and 13<sup>th</sup> with fall in-between, suggesting anoestrus/suboestrus condition, repeat cycles or early embryonic death in some animals. The levels of both  $T_3$  and  $T_4$  were highest on the day of calving, dropped by 3-4 weeks postpartum and remained low thereafter. Further, the levels of  $T_4$  were apparently higher in infertile than the fertile group at all intervals with significant difference in the overall means. The  $P_4$  levels had significant correlations with  $T_3$  (0.75) and with resumption of follicular activity, first heat postpartum, days open and calving interval (-0.58, -0.72, -0.87, -0.85) in fertile group. The levels of  $T_3$  showed significant negative correlations with FOPP, days open and calving interval (-0.55, -0.85, -0.81) only in fertile group, while  $T_4$  had negative correlation with services per conception (-0.74) in fertile group. AKP had no significant correlation with any of the reproductive or hormonal traits.

**Key words:** AKP, fertile-infertile buffaloes, progesterone, postpartum period, thyroid hormone

The river buffaloes in India have established themselves superior to crossbred cows in many respects. However, their low reproductive rate and problems of silent / subestrus, anestrus, seasonality in breeding and extended calving interval are the major constraints of economic importance. Maintenance of regular calving interval of desirable length depends upon the ability of the buffalo to initiate ovarian activity and conceive within

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the shortest possible time after calving. Although majority of cows and buffaloes resume ovarian cycle within first month postpartum (King *et al.*, 1976; Shah, 1999), some may have very long postpartum period of ovarian acyclicity. Such cyclic aberrations can be very well characterized by serum profile of certain hormones and metabolites (Larson *et al.*, 1980; Barkawi *et al.*, 1986; Shah, 1999). Moreover, in recent years considerable interest has grown towards reproductive endocrinology as a means to identify specific reproductive problems and to adopt appropriate therapeutic measures for augmenting bovine fertility (Darwash and Lamming, 1997). Alkaline phosphatase influences steroid hormone production and thereby number of events of reproductive

physiology (Vadodaria *et al.*, 1978). Thyroid hormones play an important role in regulating metabolic rate and reproduction through their action at cellular level and by influencing the pituitary-adrenal relation (Nalbandov, 1970). However, the literature available on weekly monitoring of hormonal and enzyme profile of postpartum fertile and infertile buffaloes is meager. Hence, the objective of this study was to investigate if the weekly profile of AKP, P<sub>4</sub> or thyroid hormone can be of any predictive value of postpartum fertility status of buffaloes.

## MATERIALS AND METHODS

This study was carried out at Livestock Research Station of the University at Navsari, from August 2001 to January 2003, on 23 normally calved postpartum Surti buffaloes from day of calving till 105 days postpartum. The animals were fed green fodder, hay, compounded concentrate and mineral mixtures as per the routine of the farm through out the experimental period. They were subjected to weekly rectal palpation to evaluate the uterine involution and postpartum ovarian activity. Oestrus was detected daily from day 40 postpartum onwards with the help of a teaser bull. The animals were bred by natural service and were palpated per rectum for pregnancy 45-60 days later. The buffaloes that conceived normally within 105 days postpartum were considered as normal fertile (n=12) and those that did not conceive as infertile (n=11). The infertile anoestrus and suboestrus buffaloes were treated with *i/m* injection of GnRH (5 ml Receptal) or PGF<sub>2</sub> alpha (5 ml Lutalyse) at 15<sup>th</sup> week postpartum and were followed clinically till all of them settled. Heparinized jugular blood samples were collected from all animals at weekly interval from the day of calving to at least 15<sup>th</sup> week postpartum and plasma samples were used for estimation of AKP and hormone P<sub>4</sub>, T<sub>3</sub> and T<sub>4</sub> profile.

The plasma AKP activity was determined using standard assay kits and autoanalyser. Plasma progesterone was estimated by RIA technique of Kubasic *et al.* (1984). The sensitivity of the assay was 30 pg/ml and intra- and inter-assay variance 4.49 and 7.54 per cent, respectively. Plasma tri-iodothyronine (T<sub>3</sub>) and thyroxine (T<sub>4</sub>) were estimated using RIA technique

described by BARC, Mumbai. The sensitivity of T<sub>3</sub> assay was 0.24 ng/ml and that of T<sub>4</sub> assay 0.5 ng/ml. The data were analysed statistically using CRD, DMRT and 't' test, and were correlated with reproductive traits (Steel and Torrie, 1981).

## RESULTS AND DISCUSSION

The findings on reproductive performance and weekly plasma profile of AKP, P<sub>4</sub> and thyroid hormone in fertile and infertile groups of buffaloes are presented in Table 1. The weekly P<sub>4</sub> profile of individual fertile and infertile buffaloes is illustrated in Figure 1.

### Reproductive Performance

The mean values for the initiation of postpartum ovarian follicular activity (49.08 ± 5.49 vs 92.18 ± 12.21 days), first oestrus postpartum (69.00 ± 7.36 vs 141.82 ± 21.32 days), days open (77.83 ± 6.40 vs 155.91 ± 26.28 days) and calving interval (388.92 ± 6.13 vs 466.45 ± 26.39 days) were significantly shorter/lesser (P < 0.01) in fertile group of buffaloes than the infertile ones, although the time required for uterine involution (30.00 ± 1.36 vs 33.73 ± 1.65 day) did not differ. Agarwal *et al.* (1979) also reported similar findings. The early initiation of follicular activity was associated with rising P<sub>4</sub> levels 2-5 weeks onwards postpartum and had significant positive correlation with the first heat postpartum (r = 0.64), days open (r = 0.70) and calving interval (r = 0.71). The earlier rise in P<sub>4</sub> level was in turn associated with reduced (P < 0.05) period for resumption of follicular activity (r = -0.58), first heat postpartum (r = -0.72), days open (r = -0.72) and calving interval (r = -0.85).

Bekana *et al.* (1996) observed occurrence of first ovulation between 19-29 days in 70 per cent of the cows through progesterone analysis. The pre-oestrus rise (> 1 ng/ml) in progesterone recorded for a shorter duration in some fertile buffaloes under study (Fig. 1) agreed with the findings of Pahwa and Pandey (1983) and Tiwari and Pathak (1995) probably due to luteinization of large follicles forming subnormal short-lived corpora lutea. The variation between fertile and infertile buffaloes could be due to the difference in their endocrine status. Our results indicate that in some infertile buffaloes follicular

Table 1: Weekly plasma profile of alkaline phosphatase and certain hormones in naturally fertile and infertile (by day 105 postpartum) Surti buffaloes

Weeks post-partum	AKP (IU/L)		Progesterone (ng/ml)		Tri-iodothyronine (ng/ml)		Thyroxine (ng/ml)	
	Fertile (n=12)	Infertile (n=11)	Fertile (n=12)	Infertile (n=11)	Fertile (n=12)	Infertile (n=11)	Fertile (n=12)	Infertile (n=11)
0	113.85±31.08	101.27±9.91	0.81±0.18 <sup>cd</sup>	0.73 ± 0.26	0.89 ± 0.08	1.35 ± 0.33 <sup>a</sup>	17.63 ± 1.97	21.06 ± 1.94
1	114.58±20.32	109.51±16.84	0.58±0.18 <sup>d</sup>	0.47 ± 0.17	0.78 ± 0.08	0.92 ± 0.15 <sup>bc</sup>	13.85 ± 1.61	17.66 ± 1.55
2	118.15±22.27	111.27±14.32	0.61±0.17 <sup>d</sup>	0.47 ± 0.24	0.88 ± 0.12	1.22 ± 0.41 <sup>ab</sup>	17.82 ± 0.90	18.73 ± 1.27
3	123.52±26.75	107.62±10.43	0.65±0.17 <sup>d</sup>	0.51 ± 0.18	0.69 ± 0.08	0.65 ± 0.07 <sup>bc</sup>	16.63 ± 1.10	18.02 ± 1.18
4	122.17±26.48	118.32±11.82	0.87±0.29 <sup>cd</sup>	0.52 ± 0.12	0.64 ± 0.04	0.90 ± 0.19 <sup>bc</sup>	14.78 ± 1.41	20.58 ± 2.23*
5	140.93±32.03	116.49±10.38	0.61±0.22 <sup>d</sup>	0.79 ± 0.21	0.99 ± 0.21	0.86 ± 0.13 <sup>bc</sup>	17.28 ± 2.31	19.22 ± 1.81
6	141.86±35.65	112.71±10.84	0.66±0.16 <sup>d</sup>	1.02 ± 0.33	0.65 ± 0.09	0.65 ± 0.09 <sup>bc</sup>	16.87 ± 1.44	17.92 ± 1.80
7	146.44±31.53	123.83±12.42	0.64±0.27 <sup>d</sup>	0.82 ± 0.29	0.84 ± 0.09	0.63 ± 0.07 <sup>c</sup>	17.70 ± 1.51	16.29 ± 0.79
8	137.35±30.36	108.09±12.33	0.92±0.32 <sup>cd</sup>	1.15 ± 0.39	0.92 ± 0.14	0.72 ± 0.12 <sup>bc</sup>	16.67 ± 1.53	20.98 ± 2.49
9	145.42±25.72	120.56±11.10	1.22±0.40 <sup>bcd</sup>	1.11 ± 0.33	0.88 ± 0.11	0.74 ± 0.09 <sup>bc</sup>	17.98 ± 1.40	20.06 ± 1.32
10	162.89±30.64	126.98±13.55	1.34±0.48 <sup>bcd</sup>	0.68 ± 0.20	0.77 ± 0.10	0.85 ± 0.09 <sup>bc</sup>	17.23 ± 1.57	22.42 ± 2.01
11	151.26±22.86	122.06±15.13	1.37±0.39 <sup>bcd</sup>	0.66 ± 0.13	0.72 ± 0.07	0.80 ± 0.10 <sup>bc</sup>	19.07 ± 1.19	19.86 ± 1.48
12	174.94±30.91	120.25±16.36	1.79±0.41 <sup>abc</sup>	0.97 ± 0.28	0.77 ± 0.10	0.88 ± 0.12 <sup>bc</sup>	16.57 ± 1.33	19.40 ± 1.82
13	166.76±31.11	128.01±13.43	1.94±0.37 <sup>ab</sup>	1.53 ± 0.46	0.90 ± 0.10	0.80 ± 0.13 <sup>bc</sup>	18.78 ± 1.24	19.42 ± 2.53
14	167.54±29.60	124.37±19.85	2.07±0.24 <sup>ab</sup>	0.89±0.30**	0.77 ± 0.09	0.68 ± 0.08 <sup>bc</sup>	17.92 ± 1.37	19.04 ± 2.00
15	163.62±26.50	132.59±15.34	2.77±0.27 <sup>a</sup>	0.62±0.21**	0.90 ± 0.06	0.78 ± 0.15 <sup>bc</sup>	18.30 ± 1.92	19.35 ± 1.78
Overall	144.45±7.16	117.74±3.41**	1.18±0.07	0.81±0.07**	0.81 ± 0.03	0.85 ± 0.04	17.19 ± 0.38	19.37±0.45**

\* P < 0.05; \*\* P < 0.01 between groups within the trait.

Means bearing superscript in common within a column do not differ significantly (P > 0.05).

activity appeared nearly the same period as in fertile buffaloes, but the maturation of follicle and its ovulation was definitely affected indicating interference with LH surge. Shah (1999) also found significantly earlier occurrence of first oestrus postpartum in fertile than the infertile group of buffaloes (46.88 ± 3.30 and 130.25 ± 35.62 days). The interval for first heat postpartum had significant positive correlations with days open and calving interval (r = 0.82, 0.81). The prolonged period of days open (155.91 ± 26.28 days) leading to extended calving interval (388.92 ± 6.23 days) observed in infertile group of buffaloes compared to fertile ones might be due to delayed development and maturation of follicle, prooestrus, silent oestrus, ovulatory disturbance or higher percentage of embryonic mortality and return to oestrus in infertile group.

The extension of postpartum suboestrus or anoestrus period in buffaloes of infertile group agreed with that reported by Barkawi *et al.* (1995). This long infertile period was attributed especially to 3 animals out of 11 (Fig. 1). One animal (AN-18) did not show

any ovarian activity till 181 days postpartum, another animal (AN-21) had exhibited first three heats regularly and then she did not reveal oestrus till 411 days, whereas, third animal (AN-23) had shown first heat on 22 days postpartum and then exhibited fertile heat at 154 days postpartum. However, the other 8 animals exhibited induced fertile heat within 35 days of GnRH or PGF<sub>2</sub>α treatment (i.e. within 105-140 days postpartum) and hence to some extent reduced the average service period and calving interval of that group.

#### Alkaline Phosphatase Activity

The pooled mean AKP activity in fertile group of buffaloes was significantly higher (P < 0.01) than in infertile group (144.45 ± 7.16 vs 117.74 ± 3.41 IU/L). The weekly mean values fluctuated non-significantly between different intervals postpartum in both fertile and infertile groups and showed a gradual increasing trend similar to P<sub>4</sub> from calving till 15<sup>th</sup> week postpartum. The values of AKP at different postpartum intervals were higher in fertile than the infertile group (Table 1) and it

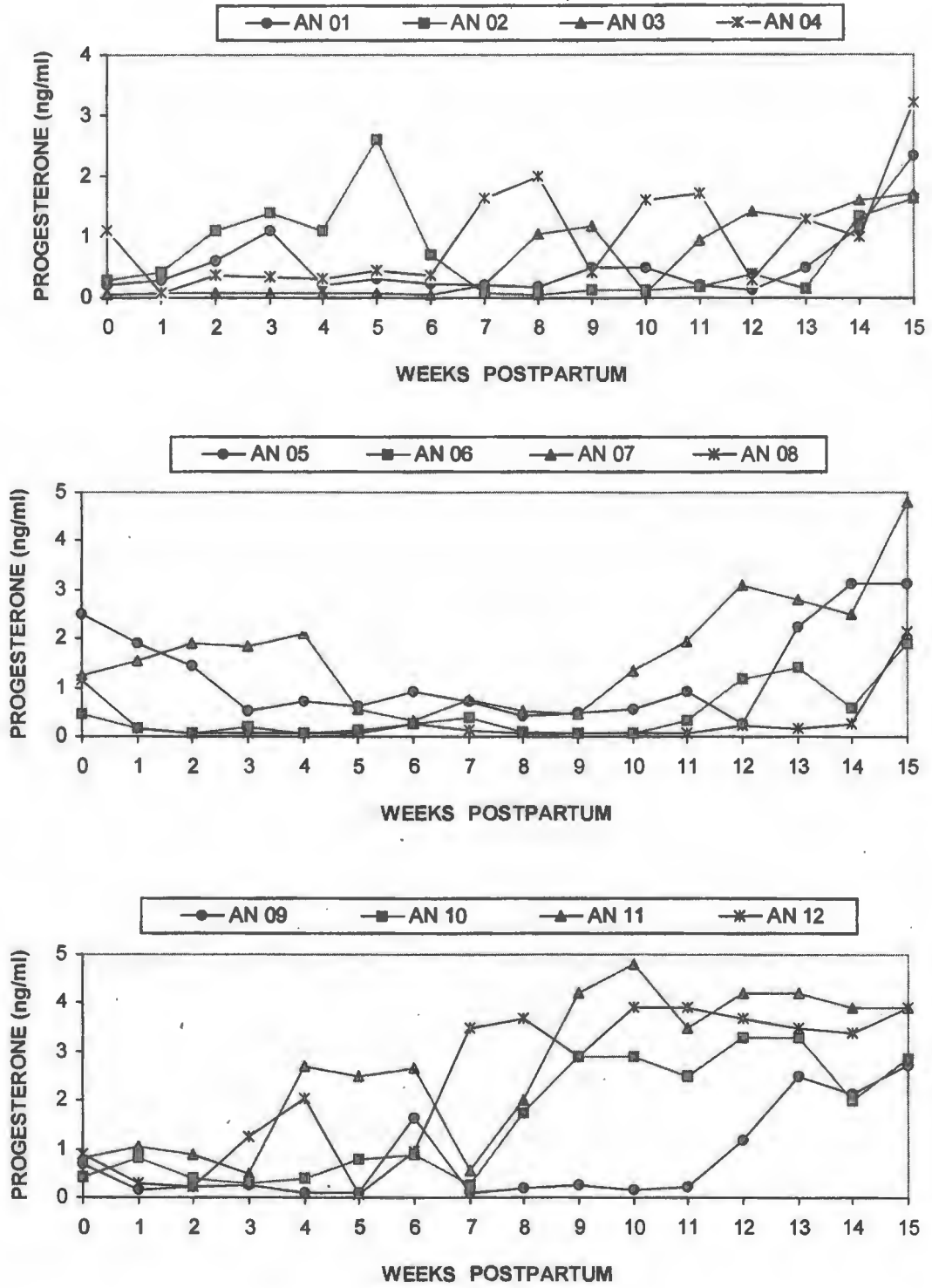


Fig. 1a: Weekly plasma progesterone profile of naturally fertile (conceived within 15 weeks) postpartum Surti buffaloes

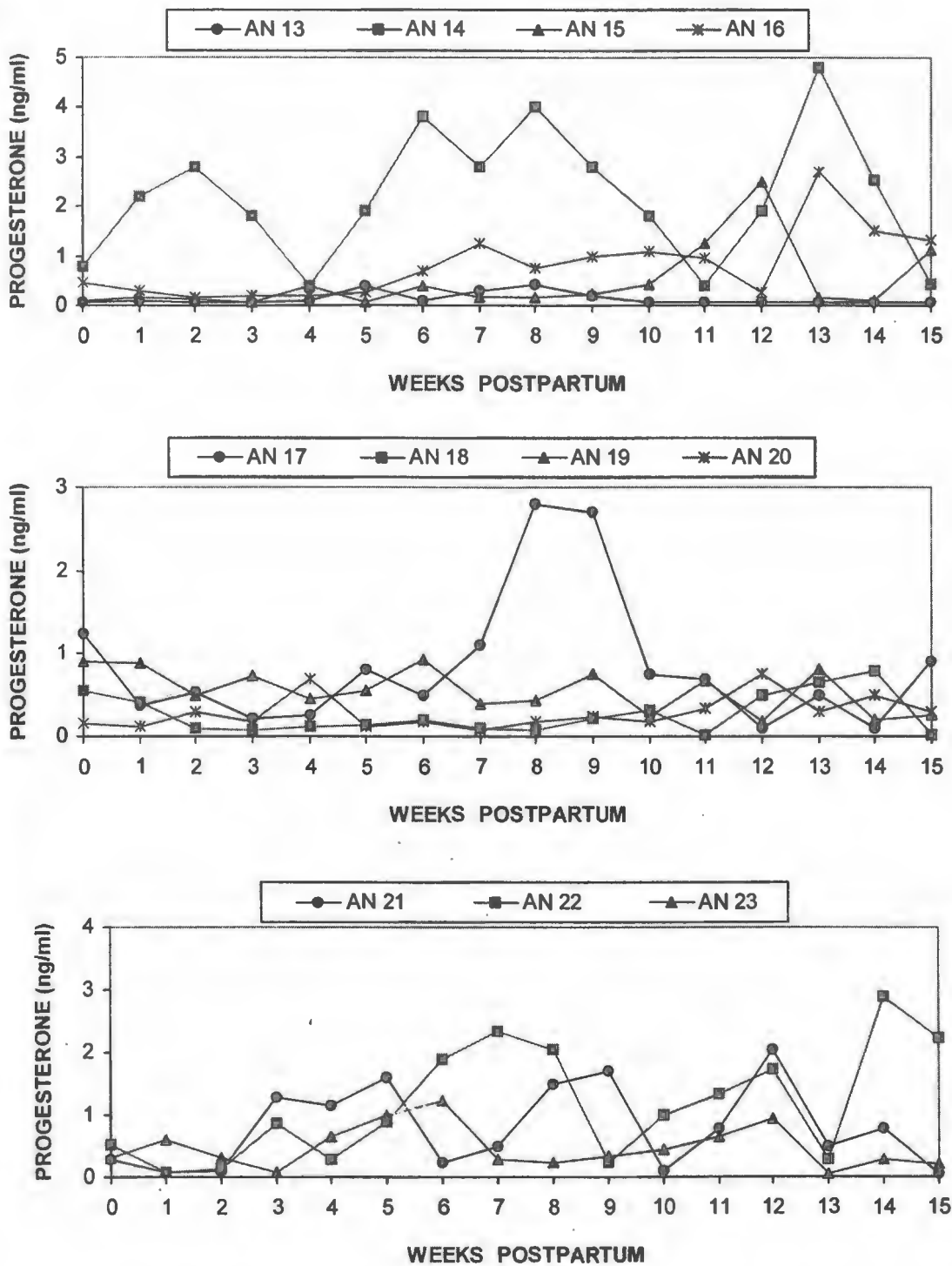


Fig. 1b: Weekly plasma progesterone profile of infertile (non-conceived by 15 week) postpartum Surti buffaloes

did not reveal any significant correlation with reproductive and hormonal traits studied. Noble *et al.* (1977) found higher AKP activity in buffaloes that came in heat before 30 days postpartum than those came late. However, Devraj (1982) did not find such variation in buffaloes till 38 days postpartum. Moreover, the positive association of serum AKP activity with thyroid function reported by Vadodaria *et al.* (1978) was not evident in the present study. The AKP is known for its role in number of important cellular processes such as transport of solute across the membranes of cells having secretory function, synthesis of phospholipids and RNA and in carbohydrate metabolism (Tewari and Bowne, 1962).

### Plasma Progesterone Profile

The mean plasma  $P_4$  levels of buffaloes varied significantly between different weeks postpartum only in fertile group. The mean value of  $0.81 \pm 0.18$  ng/ml found on the day of calving dropped to base line ( $0.58 \pm 0.18$  ng/ml) by 1 week postpartum, remained low till 8<sup>th</sup> week postpartum and then showed increasing trend as the weeks proceed to reach the highest value ( $P < 0.01$ ) of  $2.77 \pm 0.27$  ng/ml at 15<sup>th</sup> week postpartum. While in the infertile group, the levels fluctuated non-significantly through different weeks postpartum. The values were higher at 6<sup>th</sup>, 9<sup>th</sup> and 13<sup>th</sup> week postpartum with fall in-between; suggesting anoestrus/ suboestrus condition, repeat cycles or early embryonic death in some animals (Table 1). Further, the mean  $P_4$  concentration was significantly higher ( $P < 0.01$ ) in fertile than the infertile group only at 14<sup>th</sup> - 15<sup>th</sup> week postpartum. This trend of postpartum  $P_4$  profile compared well with the reports of Perera *et al.* (1981), Tiwari *et al.* (1995) and Shah (1999). Tegegne *et al.* (1993) reported  $< 1$  ng/ml level of  $P_4$  in African Zebu cows until week 12 postpartum, while Jainudeen *et al.* (1981) recorded very low or negligible level of progesterone up to 60 to 90 days postpartum, particularly in anoestrus swamp buffaloes. The present findings indicate that overall reproductive efficiency is impaired due to deficiency of progesterone, which is essential for embryo survival. Further, non-conceived animals had a combined pattern of delayed rise and low level of  $P_4$  during luteal phase indicative of insufficient luteal function than those conceived.

The progesterone levels had significant positive correlations with  $T_3$  (0.75) and negative correlations with resumption of follicular activity, first heat postpartum, days open and calving interval (-0.58, -0.72, -0.87, -0.85) in fertile group, while in infertile group no such correlations were seen. These correlations are highly conceivable and suggest their positive role in fertility enhancement. Further, significant negative correlation of  $P_4$  with reproductive traits indicated that early rise in  $P_4$  would reduce the interval for ovarian activity, first heat postpartum and thereby days open and calving interval in dairy animals.

In our study, most of fertile and some of infertile (Fig. 1) postpartum suckled buffaloes revealed pre-oestrus rise of progesterone ( $\geq 1$  ng/ml) between 14 and 56 days postpartum, while in the remaining fertile buffaloes (AN 5, 6, 7),  $P_4$  levels remained  $>0.5$  and  $< 1.0$  ng/ml and they exhibited fertile oestrus thereafter. The pre-oestrus rise in  $P_4$  was delayed in infertile buffaloes (AN 15, 18, 20), and occurred between 70 and 98 days postpartum. In general, it appeared that delay in progesterone rise in some of infertile buffaloes compared to fertile ones was responsible for longer service period. Shah (1999) observed pre-oestrus rise of progesterone between days 14 and 42 postpartum in 8 of 23 postpartum suckled Surti buffaloes, and this rise was delayed in infertile buffaloes from 42 and 84 days.

In the present study, anoestrus and suboestrus condition was diagnosed through rectal palpation and progesterone profile. The buffaloes with postpartum anoestrus (AN 18, 19, 23; Fig. 1) revealed basal to non-detectable plasma progesterone profiles throughout 105 days of weekly sampling and exhibited first heat thereafter (on 187, 181 and 154 days postpartum respectively). Similarly, one animal (AN 20) showed basal to detectable  $P_4$  profile between day 77 and 91 postpartum and conceived at oestrus expressed on 112 days postpartum. Whereas, AN-21 revealed abnormal progesterone profile at various postpartum intervals indicating suboestrus condition and around weeks 15 postpartum it showed true anoestrus condition. Conception in this buffalo was delayed and it occurred on 411 days postpartum. Darwash and Lamming (1997)

observed that the cows with irregular progesterone patterns had longer intervals to start postpartum luteal activity, to first postpartum service and conception than in cows with normal progesterone pattern. The present findings in buffaloes also confirmed their observations.

### Thyroid Hormones

The plasma concentrations of hormone  $T_3$  and  $T_4$  fluctuated non-significantly without any specific trend in both fertile and infertile groups with mean values of  $0.81 \pm 0.03$  vs  $0.85 \pm 0.04$  ng/ml, and  $17.19 \pm 0.38$  vs  $19.37 \pm 0.45$  ng/ml ( $P < 0.01$ ), respectively. The levels of  $T_3$  fluctuated non-significantly from  $0.64 \pm 0.04$  to  $0.99 \pm 0.21$  ng/ml in fertile group between different weeks postpartum, while in infertile group the fluctuation was significant ( $0.63 \pm 0.07$  to  $1.35 \pm 0.33$  ng/ml). In general, the levels of both  $T_3$  and  $T_4$  were highest on the day of calving, dropped by 3-4 weeks postpartum and remained low thereafter (Table 1). These findings with respect to levels of  $T_3$  and  $T_4$  compared well with those of Deshmukh *et al.* (2001) in lactating crossbred cows. However, Kumar *et al.* (1993) reported relatively higher circulating  $T_3$  and  $T_4$  levels in Murrah buffaloes during first 10 months of lactation (1.35 to 9.99 and 28.83 to 55.33 ng/ml). The present values and trend closely agreed to the report of Lohan *et al.* (1989), who also demonstrated mean  $T_4$  value of 27.43 ng/ml on the day of calving and then low levels till day 21 postpartum (24.45 ng/ml) followed by a rising trend and comparatively elevated levels till day 97 postpartum and then again decline by day 116 in non-suckled Murrah buffaloes. In the present study, the levels of  $T_4$  had significant negative correlation only with services per conception (-0.74), while  $T_3$  showed significant positive correlations with plasma  $P_4$  (0.75) and negative correlations with first oestrus postpartum, days open and calving interval (-0.55, -0.85, -0.81) only in fertile group. Mahendran *et al.* (2001) found positive association between the levels of  $T_3$  and  $T_4$  at the time of insemination and conception rates in bovines.

Thus, it is concluded that the consistent higher plasma AKP activity and lower  $T_4$  levels observed through out the postpartum period in fertile buffaloes as compared to infertile ones suggested their positive role

in fertility enhancement by increasing dephosphorylation and decreased basal metabolic rate. Moreover, the weekly  $P_4$  profile could successfully be used as a guide to evaluate postpartum fertility status of buffaloes.

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